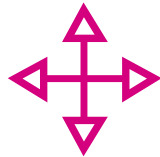

MINIMALIST TRAVEL WARDROBE PACKING LIST



Carry On Essentials
Pack and GO!

ALLEZ  ELIZABETH
Adventures through Food, Culture, and Language

choosing your color palette

1ST
NEUTRAL

2ND
NEUTRAL

3RD
NEUTRAL

1ST
ACCENT

2ND
ACCENT

3RD
ACCENT

4TH
ACCENT

1ST
TEXTURE
OR
PATTERN

2ND
TEXTURE
OR
PATTERN

CHOOSE COMPLIMENTARY COLORS, TEXTURES, OR PATTERNS. YOU CAN ALWAYS USE LESS, BUT USING MORE WILL GIVE YOU A HEADACHE!

KEEP IT SIMPLE!

the formula

4 BOTTOMS OR 3 BOTTOMS AND 1 DRESS

JEANS ARE GREAT, BUT THEY WILL TAKE LONGER TO DRY IF YOU ARE DOING LAUNDRY IN YOUR HOTEL ROOM. STILL, THEY CAN BE WORN MANY TIMES BEFORE THEY NEED A WASH. TRY GOING FOR BOTTOMS THAT ARE MULTIPURPOSE. EXAMPLE: A PAIR OF BLACK JEANS CAN BE DRESSED UP OR DOWN AND DRESSES MAKE GREAT SKIRTS WHEN PAIRED WITH A NICE BLOUSE AND CARDIGAN.

5 TOPS

TEES, BLOUSES, POLO SHIRTS, LONG SLEEVES. MAKE SURE THEY WILL GO WITH ANY OF THE BOTTOMS YOU'VE SELECTED. NO UNITASKERS!

2 SWEATERS OR CARDIGANS

NEUTRAL COLORS LIKE NAVY, GREY, AND BLACK WORK GREAT!

2 PAIRS OF SHOES

IF TRAVELING FOR BUSINESS, REPLACE ONE PAIR WITH DRESS SHOES. CAN'T DECIDE WHAT TO TAKE? ASK YOURSELF, CAN I DO A LOT OF WALKING IN THESE?

the formula

1 JACKET/STOLE/COAT

IF IT'S TOO HEAVY TO PACK, WEAR IT ON THE PLANE!
EVEN A LIGHT JACKET IS A LIFESAVER!

1 SCARF (AT LEAST!)

CAN IT BE USED AS A BLANKET, TOO? BRING THAT ONE.

1 PAIR OF SUNGLASSES

LEAVE YOUR EXPENSIVE ONES AT HOME. A PAIR OF BLACK
WAYFARERS LOOK CHIC DAY OR NIGHT.

1 PAIR OF GLOVES

PREFERABLY IN BLACK.

1 WATCH

YES, I KNOW. YOU HAVE A CLOCK ON YOUR PHONE, BUT WHAT IF
THE BATTERY DIES? I REST MY CASE.

JEWELRY IS OPTIONAL,

BUT IF YOU ARE NOT PREPARED TO LOSE IT, DON'T BRING IT!

one more thing...

ASK YOURSELF SOME SIMPLE QUESTIONS.

DOES IT FIT?

DO I FEEL MY BEST WHEN WEARING THIS ITEM?

WHAT'S THE WEATHER LIKE?

WHICH TYPES OF ACTIVITIES WILL I BE DOING DURING THIS TRIP?

DO I WANT TO LUG IT AROUND?

AM I PREPARED TO LOSE THIS?



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